

## Enjoying Japan's Gourmet Delights During the Upcoming Fall Season Visit Nikko - a popular destination for seasonal delicacies

TOBU Railway Co., LTD.

Nikko / Kinugawa are well known as wonderful places to enjoy natural beauty and seasonal changes, particularly the stunning fall colors. Fall is also recognized in Japan as the best season for enjoying various flavors, including pumpkins and chestnuts, and Nikko is an excellent option for sampling these seasonal tastes. In this edition, we present information on the many options available for foodies in Nikko/Kinugawa including hotels with high-quality dining, food recommended for health-conscious eaters, and simple yet delicious desserts.

### Relax and Forget the Passing Time with Memorable Fall Flavors

#### • Kinugawa Kanaya Hotel

This long-standing luxurious resort hotel, known as the "Villa in the Valley" carries on the spirit of its founder Senji "John" Kanaya, combining traditional Japanese service with modern hotel amenities. Forget the passing time as you enjoy meals, which include a wealth of local ingredients and delicate flavors, based on the traditional kaiseki style but with a hint of Western influence.

URL : <https://kinugawakanaya.com/en/>



#### • Chuzenji Kanaya Hotel

Upholding the traditions of the long-established Kanaya Hotel is its sister hotel by Lake Chuzenji. With excellent access to nearby tourist sites, and an outdoor bath "Sora-Buro," it is one of the most popular hotels in the area, also renowned for its cuisine which carries 140 years of tradition. Visit to enjoy delicious meals made with seasonal local ingredients.

URL : <https://www.kanayahotel.co.jp/eng/ckh/>



Photo by T.Chiba



### Great Choices for Health-Conscious Diners

#### • Vegetarian Shojin cuisine at Gyoshintei

At Gyoshintei, diners can enjoy traditional vegetarian Shojin cuisine that reflects the 1200 year history of Nikko while looking out on the Japanese garden. Food choices include yuba (tofu skin) from one of Nikko's oldest yuba purveyors, and other seasonal options, and fall is one of the best seasons to come and sample what this restaurant has to offer. URL : <http://www.meiji-yakata.com/en/gyoshin/>



#### • Vegan Cuisine at Shizensaryo Meguri

Shizensaryo Meguri is a popular cafe located in a renovated building originally constructed as a traditional home in Japan's pre-war Taisho era. It serves a vegan menu prominently featuring a rich variety of seasonal, vegetable, cereal and fruit dishes and created with the finest natural ingredients. Whether you are an established fan of vegan food or trying it for the first time, we recommend paying a visit to enjoy these delicious meals and desserts which can serve as a perfect accompaniment to the fall season.

URL : <http://www.tobujapantrip.com/en/features/muslim/?page=10>



### Simple yet Satisfying Desserts, Ideal for the Fall Season

#### • Nikko Purin-tei

Nikko Purin-tei is another establishment sited in a renovated traditional house. Located near to Nikko Toshogu-gu, Nikko's main shrine, this establishment specializes in custard-style puddings made using milk from the nearby Nikko Kirifurikogen Ozasa ranch, locally-sourced Nikko eggs, and other specially selected ingredients from local businesses. Popular limited-edition seasonal flavors during fall include pumpkin and chestnut puddings. Why not spice up your trip to Nikko this fall with one of these simple yet delicious desserts?

URL : <http://www.tobujapantrip.com/en/news/207.html>



#### <Information about recommended sightseeing areas along the TOBU Railways>

The TOBU Railway Group is a major Japanese corporate group consisting of approximately 90 companies. The Tobu Railways cover the longest operating distance in the Kanto area, and lead to many tourist attractions including Asakusa and Tokyo SKYTREE TOWN in Tokyo, Nikko and Kinugawa Onsen, famous as a world heritage and hot spring location, the Tatebayashi and Ashikaga area known for its beautiful blooming flower fields, and Kawagoe, where the atmosphere of the Edo era still live on.

Explore destinations around Tobu Railway Group at TOBU JAPAN TRIP: <http://www.tobujapantrip.com/en/>